



VOLUNTEER OPPORTUNITIES



Transportation Volunteer:

Provide transportation for older adults to medical appointments, grocery shopping, essential errands or social outings.

Minor Home Repair Volunteer:

Provide minor home repairs such as carpentry, plumbing, electrical work in an older adult's home.

Visitation Volunteer:

Spend 1-3 hours per week visiting an older adult who is lonely/socially isolated.

Caregiver Support Volunteer:

Lend support to a caregiver by visiting with person they are caring for to give them some relief. Volunteers do not provide any personal care.

Book Center Volunteer:

Process books for our annual book sale. Year-round processing includes assessing, sorting, pricing and packing books.

Office Assistant:

Answer phones, light database entry, project assistance, and basic office tasks such as copying, mailing and making phone calls.

Tech and Computer Assistance Volunteer:

Lead classes and/or assist older adult students one-on-one with specific smart phone, tablet and laptop challenges.

Vital Living Program Instructor/Facilitator:

Lead or assist activities in support of our state certified Senior Center of Excellence. Specific duties vary based on volunteer interests, talents and skills.

Senior's Health Insurance Information Program (SHIP) Volunteer:

Assist older adults who have questions about Medicare, Medicare supplements, prescriptions drugs and long term care insurance.

Annual Book Sale Volunteer:

Assist with event set-up, cashiers, book arranging and clean-up after the event.

Promoting and Supporting Successful Aging

The Shepherd's Center of Greater Winston-Salem

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