Age-Friendly Forsyth

WHAT WE DO

Address the needs of aging adults in Forsyth County through collective planning efforts and coordinated activities among a variety of organizational partners and residents.

Focus areas include:
- Physical and Mental Health
- Financial Health
- Housing and Safety
- Accessibility and Mobility
- Support Network
- Empowerment and Engagement

WHO WE ARE

- Community Members
- Corporate Agencies
- Educational Institutions
- Health Care Systems
- Non-profits
- Philanthropic Entities

WHAT WE HAVE ACCOMPLISHED

- Community Report on Aging in Forsyth County
- Built out process for collective action planning
- Developed the partnership structure, and resident engagement plan
- Engaged over 1,500 people and 50 organizations

LEADERSHIP TEAM

(as of May 21, 2018)

BB&T • Habitat Forsyth • Hospice • Novant Health • Reynolds American • Salemtowne • Senior Services • Shepherd’s Center of WS • Wake Forest Baptist Health Sticht Center • Winston-Salem Foundation • YMCA

OUR STRUCTURE

- The Leadership Team, comprised of the funding partners and residents, is responsible for making data-informed decisions and steering initiative activities based on resident feedback.

- The Resident Council consists of committed residents aged 60 or older (or their caregivers) who geographically represent the County’s aging population.

- The Resident Council will help drive initiative work, as well as be a bridge to community members through local resident groups, which include existing community volunteer groups and residents who would like to be involved.

- Issue-specific teams comprised of residents and organizational representatives will ultimately be built around the six focus areas.
AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

Age-Friendly Forsyth is working to align Forsyth County with the AARP Network for Age-Friendly Communities, and will be presenting to County Commissioners on Thursday, May 24th.

A LIVABLE COMMUNITY provides safe, walkable streets; age-friendly housing and transportation options; access to needed services; and opportunities for residents of all ages to participate in community life.

OTHER AARP LIVABLE COMMUNITIES IN NORTH CAROLINA INCLUDE:

<table>
<thead>
<tr>
<th>County</th>
<th>Date</th>
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<tbody>
<tr>
<td>Buncombe County</td>
<td>August, 2017</td>
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<tr>
<td>Guilford County</td>
<td>March, 2018</td>
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<tr>
<td>Town of Matthews</td>
<td>October, 2015</td>
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<td>Mecklenburg County</td>
<td>September, 2016</td>
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<tr>
<td>Orange County</td>
<td>July, 2016</td>
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<td>Wake County</td>
<td>September, 2016</td>
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NEXT STEPS

- Continue building the Leadership Team
- Engage residents
- Begin building issue-specific teams

VOLUNTEER OPPORTUNITIES

- We are looking for committed people aged 60 or older (or their caregivers) who would like to lead residents in long-term change
- If you are interested in being a part of the Resident Council, please contact Theresa Hoffman-Makar at theresa@forsythfutures.org

Please Join Us For

“The Great Race to Age-Friendly”

A community conversation and panel discussion, presented by: AARP and Age-Friendly Forsyth


Thursday, June 21st
2:00 until 4:00 PM

Novant Health Conference Center
3333 Silas Creek Parkway
Winston-Salem, NC 27103

THANK YOU
Thank you for all of your hard work in making this initiative possible!

Contact
FOR ADDITIONAL INFORMATION, PLEASE CONTACT
Theresa Hoffman-Makar at theresa@forsythfutures.org or 336-701-1700 ext. 103