

# Age-Friendly Forsyth

## WHAT WE DO

Address the needs of aging adults in Forsyth County through collective planning efforts and coordinated activities among a variety of organizational partners and residents.

### Focus areas include:

- Physical and Mental Health
- Financial Health
- Housing and Safety
- Accessibility and Mobility
- Support Network
- Empowerment and Engagement



## WHO WE ARE

- Community Members
- Corporate Agencies
- Educational Institutions
- Health Care Systems
- Non-profits
- Philanthropic Entities

## WHAT WE HAVE ACCOMPLISHED

- Community Report on Aging in Forsyth County
- Built out process for collective action planning
- Developed the partnership structure, and resident engagement plan
- Engaged over 1,500 people and 50 organizations

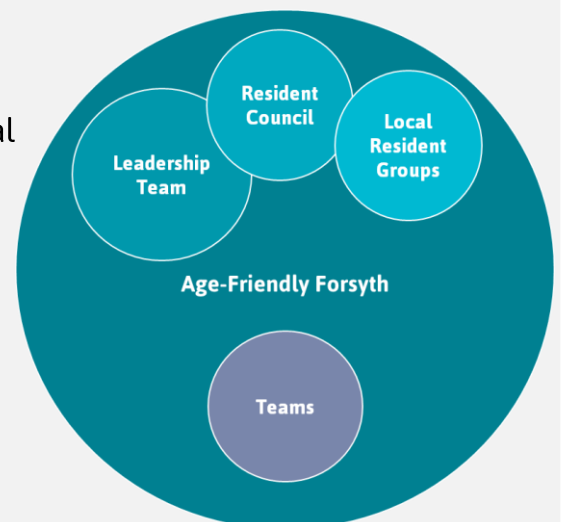
## LEADERSHIP TEAM

(as of May 21, 2018)

BB&T • Habitat Forsyth • Hospice • Novant Health • Reynolds American • Salemtowne • Senior Services • Shepherd's Center of WS • Wake Forest Baptist Health Sticht Center • Winston-Salem Foundation • YMCA

## OUR STRUCTURE

- The Leadership Team, comprised of the funding partners and residents, is responsible for making data-informed decisions and steering initiative activities based on resident feedback.
- The Resident Council consists of committed residents aged 60 or older (or their caregivers) who geographically represent the County's aging population.
- The Resident Council will help drive initiative work, as well as be a bridge to community members through local resident groups, which include existing community volunteer groups and residents who would like to be involved.
- Issue-specific teams comprised of residents and organizational representatives will ultimately be built around the six focus areas.



## AARP NETWORK OF AGE-FRIENDLY COMMUNITIES

Age-Friendly Forsyth is working to align Forsyth County with the AARP Network for Age-Friendly Communities, and will be presenting to County Commissioners on Thursday, May 24<sup>th</sup>.

A **LIVABLE COMMUNITY** provides safe, walkable streets; age-friendly housing and transportation options; access to needed services; and opportunities for residents of all ages to participate in community life.

### OTHER AARP LIVABLE COMMUNITIES IN NORTH CAROLINA INCLUDE:

Buncombe County (August, 2017)  
Guilford County (March, 2018)  
Town of Matthews (October, 2015)

Mecklenburg County (September, 2016)  
Orange County (July, 2016)  
Wake County (September, 2016)

#### NEXT STEPS

- Continue building the Leadership Team
- Engage residents
- Begin building issue-specific teams

#### VOLUNTEER OPPORTUNITIES

- We are looking for committed people aged 60 or older (or their caregivers) who would like to lead residents in long-term change
- If you are interested in being a part of the Resident Council, please contact Theresa Hoffman-Makar at [theresa@forsythfutures.org](mailto:theresa@forsythfutures.org)

## Please Join Us For “The Great Race to Age-Friendly”

A community conversation and panel discussion, presented by:  
**AARP and Age-Friendly Forsyth**

Register Today!  
<https://bit.ly/AgeFriendlyForsyth>

**Thursday, June 21<sup>st</sup>**  
**2:00 until 4:00 PM**

**Novant Health Conference Center**  
3333 Silas Creek Parkway  
Winston-Salem, NC 27103

## THANK YOU

Thank you for all of your hard work in making this initiative possible!

Contact

FOR ADDITIONAL INFORMATION, PLEASE CONTACT

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